Because every day is a second chance to change a life.



This painting, gifted to MSCL House by artist Phillip Neeley, sits above the living area as a daily reminder of the 12-steps of AA and its regenerative power of recovery.

FROM OUR EXECUTIVE DIRECTOR

Dear Friends of MSCL House,

Three years into my six-and-a-half-year tenure as a volunteer coordinator in the Blaine County Felony Drug Court program, I found myself involved in ongoing discussions about the lack of addiction recovery services for men in the Wood River Valley. At that time, no resources were available for men trying to make such a significant and difficult lifestyle change.

With the help of dedicated friends and community members, in November 2017 we put together a board and a business plan and approached the Spur Foundation for support. They immediately recognized this critical need and understood how serving one man could in turn improve the situation of countless others, including family



Sonya Wilander with board members Dr. Nancy Mann, Richard Brown and house manager, John Inman at the opening of MSCL House in 2018.

members, friends, and coworkers of the person in recovery. The Spur Foundation generously offered to cover a portion of our operating costs for the next three years. Additional supporters soon stepped up, Rebecca and Jonathan Neeley purchased a house in Hailey on our behalf and The Advocates offered to be our fiscal sponsors through the process. From there, we received incredible community support and were able to open our doors one year later, in November 2018.

We started slowly, but momentum quickly grew. Today, people throughout the region know of our program and appreciate that we provide a safe place where residents have the best chance to stay sober and turn their lives around. We are now running at 100% occupancy and are grateful that the community has allowed us the opportunity to get to this point.

I am inspired every day by our residents' personal growth and the positive changes MSCL House is making in the overall health of our community. Thank you so much for your support.

Executive Director and Founder

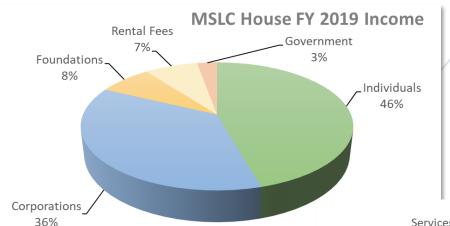


What is Sober Living?

A SOLUTION FOR THOSE IN EARLY RECOVERY WHO NEED CONTINUED STRUCTURE IN THEIR LIFE AS THEY RE-INTEGRATE INTO THEIR DAILY ACTIVITIES.

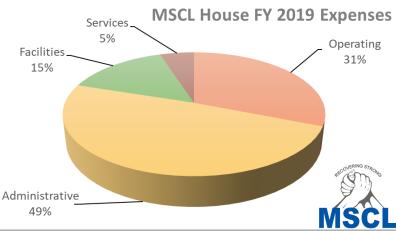
"The mentality and behavior of drug addicts and alcoholics is wholly irrational until you understand that they are completely powerless over their addiction and unless they have structured help, they have no hope."

- Russell Brand



Total income for FY 2019 was \$293,908. The amount of money raised was far in excess of our budgeted income by 313% due to gifts from several major donors. Income sources are shown on the graph on the left.

MSCL House's expenditures for FY 2019 totaled \$63,569 which was 10% below what was budgeted for the year. Our cash position on the balance sheet was \$309,873. Most of the cash reserves were invested in long- and short-term investments for future stewardship of the organization and in a Capital Reserve Fund. The remaining \$89,873 is held in our bank account to cover 2020 operating costs.



WELCOME TO OUR BEGINNINGS

"We met Sonya by chance at a dinner party, where she shared with us her dream of opening a sober house for men. We were immediately drawn to her passion project; we are familiar with sober homes and believe in the benefits they provide for individuals in recovery. Having lived in the Wood River Valley for 20 years, we knew there was a void in the community for men seeking this kind of help, and Sonya's project was the perfect fit.

Now in its second year, MSCL House has been accepted by the community and is thriving! We are thrilled to have contributed and love hearing the success stories of men putting their lives back together with the support of this program."

Rebecca and Jonathan Neeley MSCL House Benefactors

















YOU MADE 2019 A POWERFUL YEAR FOR MSCL HOUSE

YOUR SUPPORT HELPED
RESIDENTS LEARN TO
BUILD A LIFE CENTERED
AROUND HEALTHY
ACTIVITIES

YOUR GIFT OF UNDERSTANDING HELPED RESIDENTS RESTORE THEIR PERSONAL RELATIONSHIPS

YOUR GIFT OF TIME
HELPED RESIDENTS
PRACTICE DAILY
SKILLS TO
RE-ENGAGE IN LIFE

YOUR GENEROUS CONTRIBUTIONS
HELPED US SUCCESSFULLY LAUNCH THE
FIRST ALL-MALE SOBER HOME IN THE
WOOD RIVER VALLEY

MEN RECEIVED
THE GIFT OF A
SECOND CHANCE

YOUR SUPPORT ENABLED US TO
OFFER RESOURCES AND ASSISTANCE
FOR RESIDENTS' CONTINUED
EDUCATION AND EMPLOYMENT

YOUR EXAMPLE OF
VOLUNTEERISM HELPED OUR
RESIDENTS GIVE BACK IN A
MEANINGFUL WAY TO THEIR
COMMUNITY

YOUR GIFT OF COMPASSION HELPED
RESIDENTS FIND MEANING IN THEIR
LIFE AND ACCEPT THAT THEY ARE
VALUED IN THE WORLD

YOUR GIFT OF PERSONAL CARE ITEMS
WERE APPRECIATED BY RESIDENTS
WHO HAD LOST EVERYTHING

YOUR WILLINGNESS TO EMPLOY OUR
RESIDENTS GAVE THEM A SENSE OF
PURPOSE AND RESPONSIBILITY

2,003
SAFE NIGHTS

YOUR GIFT OF CARING HELPED RESIDENTS ACCEPT THE HEALTH SERVICES THEIR BODIES NEEDED

BOARD OF DIRECTORS

RICHARD BROWN
HON. MARK A. INGRAM
SCOTT S. LUCAS
NANCY MANN, MD
JOHN S. MILLER
LEE RITZAU
SPOOKY TAFT, CIP

STAFF

SONYA WILANDER EXECUTIVE DIRECTOR

JOHN INMAN HOUSE MANAGER

BPA HEALTH CERTIFICATION

In 2019, the BPA Health network granted credential to MSCL House as a *Recovery Support Service (RSS)* provider. This designation entitles MSCL House residents to Idaho Substance Use Disorder (SUD) funding for housing and program fees.



Funding is granted on an individual needs basis and can extend from one to six months. BPA Health is the ONLY entity in Idaho that conducts audits of sober homes using standards laid out in the Idaho administrative rules as a base for their credentialing criteria. Sober living providers outside the BPA network are NOT audited, approved, or held accountable to standards. Although BPA does not conduct audits on behalf of the government, our being affiliated with BPA helps offset our residents' cost of living at the house and demonstrates that we are managing MSCL House at the highest possible standards.

integrity

IN CONCLUSION

We end our first year with a profound sense of gratitude to all who have made the year so successful.

Our contributors - individuals, foundations, government grantors, and volunteers - who understand the value of a quality sober home in the Wood River Valley. Thank you for supporting our vision - to establish an all-male sober home in the Wood River Valley offering the most effective recovery structure and to be recognized by the community as a program of excellence in which men living with addiction are afforded the best chance to heal, change, and improve their lifestyles.

Most of all, we are grateful for all of MSCL House's residents who work tirelessly to achieve their personal goals and, in doing so, compel us to continue our support for their long-term recovery.

OUR MISSION

To help men living with addiction succeed in their recovery and achieve sustained sobriety by providing them with safe, affordable sober housing and support services while serving their needs and treating them with respect, compassion and a belief in the value of each individual.

-ONE-DAY-AT-A-TIME-

GRANTS

100 Men Who Care - Wood River Valley Blaine County
Chichester DuPont Foundation
Heart of Gold in the Idaho Community
Foundation
Little Black Dress Club
Spur Community Foundation
South Central Behavioral Health Board
St. Luke's Wood River Foundation
The Charles Engelhard Foundation
Wood River Women's Foundation Fund
in the Idaho Community Foundation

CURRENT DONORS

Anonymous (3)
Janet Appleton and Glenn Thomas
Susie and White Atkinson
Susan and Arnold Blair
Drs. Nancy Mann and Benjamin Blair
Chad Blincoe
Rhonda and Richard Brown
Elizabeth and Jack Bunce
Lynn Campion and Theodore Waddell
Carson International / Kathy and
Paul Carson
Sallie Castle
Wendy Chase
Mary and Michael Colhoun

Nancy and Charles Cord Sophie Craighead Barbara and Paul Dali Charitable Fund Julie Daniels Val and Martin Davies Carey and John Dondero Dozoretz Family Foundation Amy and Phil Duff Charles Dunn James and Leigh Everitt Barbara and Jim Figge and Roger Burrus Endowed Advised Fund of the Community Foundation of Middle Tennessee Diana and Rick Filkins James Fitzgerald Susan Flynt Mrs. Damaris Ford / Landmark Charitable **Foundation** Joyce Friedman Deana and Morley Golden Athena Connie Grabow Laura and John Grabow The Gellatly Family Paul Fremont-Smith, Jr. Maria and Clark Gerhardt Michelle and Harry Griffith / Dades LLC Q Charitable Fund Donor Advised Fund of J.P. Morgan Charitable Giving Fund

Theo Gund

Kim and Jay Hagenbuch in honor of Sonya Wilander Randy Hall Marie and Magnus Hedman Vivian and Brian Henderson Karen & Steve Holzman Ikaunieks Salon Kristen Jarvis Kathleen Jones K & A, Inc. DBA Panache Paul Kenny Nancy and Peter Koury Nancy Krivick Donald L. and Sally S. Lucas Foundation Elizabeth and Scott S. Lucas MAOW, LLC Ruth and Martin Mann Rebekah Manuel Anne McLean Jeanne Mevers Frank A. Miller Family Foundation Kristin and John Miller Karen and Thomas Misisco John Murray Rebecca and Jonathan Neeley Old Cutter, Inc. / John Campbell PECO Foundation / Peter Curran Katherine and Jake Peters Pure Love Foundation / Sue Dumke Lori Raymond

Travis Reed Susan Reinstein and Brian Ross Kathryn and Kirk Riedinger Lee P. Ritzau Robertson Conn Family Julie and Preston Sargent Mr. and Mrs. Charlie Smith III, Ellen and Roger Burrus Endowed Advised Fund of The Community Foundation of Middle Tennessee Erin Smith and Lenny Barshack Spain Family Fund of The Community Foundation of Greater Atlanta Sports Tech Holdings Candice and Richard Stark STERE LLC / Susan Engelmann Craig Swanson Joanie and Tom Swift Lisa and Ian Symmonds Spooky and James Taft Thrasher Koffey Foundation in honor of Susan Reinstein Leslie Tidwell Colleen and Charles Weaver Sonya and Mats Wilander Bex Wilkinson and The Marshall Frankel Foundation Suzanne and Latham Williams

Robin and Tim Wolff

IN KIND DONORS

Morgan's Fine Finishes

AC Houston Advanced Data and Electric Barbara's Party Rentals **Bishop Builders Boulder Mountain Heating** Barbara Boyer John F. Calvert, DDS / Sun Valley **Smile Designs** Brennan's Carpet Elite Drywall EMC2 / Baird Gourley Evergreen Landscaping / Mike Koleno Robert Irving Fallowfield, Attorney at Law Flashlight Films LLC / Allyn Stewart and Kipp Nelson Brian C. Galbraith, DDS Maria Gerhardt Morley Golden Gravity Fitness and Tennis Idaho Lumber Matthew Johnson, Attorney at Law Kelleher Family Winery and Brix Restaurant Kirk Anderson Photography Maureen Lee Penny and Norm Leopold Laura Morawitz

Mountain Dreamworks / Vickey Williams

Mountain Land Appliance Mountain Rides Transportation Authority Calvin Nalder Rebecca and Jonathan Neeley Phillip Neeley Pella Windows Kristin and Phil O'Reilly Red Star Catering / Brent Barsotti John Roberts, M.D. Susan Scovell Architect Christopher P. Simms, Attorney at Law Steve McCoy Painting Sun Valley Garden Center / Mark Turzian Sun Valley Company The Advocates for Survivors of Domestic Violence The Gold Mine The Salvation Army Valley Appliance Ward's Driving School / Stacey Ward Webb Landscaping / Mark Palmer White Otter Adventures / Doug Fenn Whitehead Tree Farm / Dave Dawson Mats and Sonya Wilander Wilro Plumbers Wood River Community YMCA Zions Bank

GOALS WE WILL ACHIEVE IN 2020

- MAINTAIN AND IMPROVE OUR BEAUTIFUL HOME TO PROVIDE OUR RESIDENTS WITH THE HIGHEST POSSIBLE QUALITY OF LIFE.
- ENGAGE COMMUNITY PARTNERS IN PROVIDING OUR RESIDENTS WITH OPPORTUNITIES FOR HEALTH AND WELLNESS.

"The Men's Sober House fills an important service void in our community."

Tricia Swartling, CEO
The Advocates for Survivors of
Domestic Violence

- ADVOCATE FOR BETTER EMPLOYMENT OPPORTUNITIES AND BETTER OPTIONS FOR OUR RESIDENTS IN THE CRIMINAL JUSTICE SYSTEM.
- REFER OUR RESIDENTS TO THE SERVICES THEY NEED TO MOVE FORWARD IN THEIR RECOVERY.
- ENCOURAGE OUR RESIDENTS TO VOLUNTEER AND GIVE BACK TO THE COMMUNITY.
- MAKE RESPONSIBLE USE OF RESOURCES ENTRUSTED TO US BY OUR GENEROUS DONORS.
- INFORM OUR DONORS OF OUR ACTIVITIES AND THE IMPACT OF THEIR GIVING.



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www.msclhouse.org

John Inman, House Manager (208) 721-8691 john@msclhouse.org

ARTIST STATEMENT

My intention for this piece was to represent each of the 12 steps with a different block and word. For me there are many different paths to success. My path was not traditional, nor linear, and sometimes confusing. That is what I was trying to capture in this piece of art.

