

# RECOVER STRONG

MSCL House Newsletter | [www.msclhouse.org](http://www.msclhouse.org)



## SEPTEMBER 2020



MSCL House resident directing traffic during the Hailey 4th of July Parade.

### Dear Friends of MSCL House,

Since the start of the COVID-19 pandemic, our residents have been blessed with an abundance of generosity from all corners of our community. In appreciation, they found ways to give back to the people who have supported their recovery efforts and shown them kindness and acceptance. This summer, residents volunteered with check-in, traffic control, and clean up during the Hailey Fourth of July parade and assisted with food distribution at the Hunger Coalition. Volunteerism is beneficial to the physical and mental health of individuals in recovery, and it gives them a way of showing how grateful they are to those who have touched their lives.



Water safety instructions before rafting the Salmon river.

## in the spotlight

### PURSUING A POST-SECONDARY EDUCATION

The high rate of substance use in college campuses makes it difficult for individuals in recovery to maintain sobriety and achieve academic success. We are extremely proud of our residents who have chosen to further their education and have taken on the challenges of attending college as adults, juggling school work and employment, and remaining steadfast in their commitment to their recovery.

Thank you to Cheryl Hodges & Joel Gemunder for their generous support of our Education Fund and for opening this door of opportunity for our residents!



### Power Challenge Taken!

Although the coronavirus pandemic made it difficult to plan an event where we could gather together to celebrate National Recovery Month, we found another way to pool the collective power of our community and support the strides MSCL House residents are making in taking control of their lives: the Recover Strong Challenge!

For the entire month of September, MSCL House partnered with Power House to bring attention to the strength and courage of those impacted by addiction and celebrate their gains in recovery.

Three hundred "Power Burger" sales and countless selfies later, we received over

Our annual half-day river rafting trip on the Sunbeam stretch of the Upper Salmon was a huge success. A shoutout to Doug Fenn and his team at White Otter Adventures for providing our residents with a fun-filled day.

This fall, MSCL House is introducing a Matching Savings Account Program that allows residents to save and generate funds for a specific goal. For every \$1 a resident saves, he receives a \$1 match. But the program does more than provide incentives to save; it also helps residents develop basic personal finance skills, encourages sound money management habits, and enables them to build assets. Similar programs have had tremendous success nationwide. Many thanks to [The Advocates](#) for their guidance and assistance in setting up the program and to Kristin Hovencamp, Director of Business Development for [Hazlett Wealth Management](#), for her help in creating the curriculum and providing instruction to our residents.

With the lifting of COVID-19 restrictions, our residents are back at work and school full time. They are eager to participate in the financial education classes and start their savings plans. They continue practicing self-care, building healthy relationships, and achieving their personal goals. We are immensely proud of their progress and their commitment to sobriety, one day at a time!

Thank you again for supporting our efforts and being a part of our team!

*Sonya Wilander*  
Executive Director

**SUPPORT MSCL HOUSE**

#### Our Contact Information

\*{{Organization Name}}\*  
\*{{Organization Address}}\*  
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10,000 LIKES on social media and reached our matching goal. As a bonus, we engaged even more members of our community, many of whom were previously unaware that MSCL House existed! Teaming up with Power House shone a spotlight on our small organization and the important work we are doing to support men in recovery. We are eternally grateful to Tanya and Billy Olson and their staff at Power House for contributing to this successful campaign.

Thank you all for your participation and for making a difference in the lives of our residents!

*"The Power House MSCL House fundraiser was positively received and supported by all our customers. Power House is proud to have helped a great organization like MSCL House reach its goal before the month even ended."*

- Tanya Pfau Olson

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*Because every day is a second chance to change a life.*