FOR IMMEDIATE RELEASE: 11/15/21
Caitlin Hegwood, MS
Men’s Second Chance Living
209.309.1948
Caitlin@msclhouse.org

MSCL House Recovery from the Pandemic
Supporting men in early recovery during this challenging time

Hailey, Idaho: Men’s Second Chance Living (MSCL House) today announces an update on services provided to the Wood River Valley and a call for action.

Men’s Second Chance Living is a sober house for adult men located in Hailey, Idaho. Residents have access to programs to address underlying issues related to substance abuse, including physical, psychological, and socio-economic interventions. The support given by outside agencies, local and national foundations, and individual donors makes these programs possible.

MSCL House programs include the following:
- Safe and sober living
- Accountability practices (drug screenings, curfews, chores, full-time work)
- Access to behavioral, medical, and dental care
- Education funding
- Matched Savings Accounts (M$A)
- Nutrition assistance
- Exercise programs

During the COVID-19 pandemic, MSCL house residents worked full-time and overtime due to worker shortages in the valley. They have experienced increased exposure to the virus and decreased access to sober support groups, as they were temporarily stopped or moved to online formats. We saw a surge in relapses rates during the pandemic, nationally as well as locally. We saw application rates grow by 150% in 2021 due to increased housing prices and a rise in substance abuse nationally.

Currently, MSCL House has 13 men waiting for a bed. MSCL House continues to assist current residents to continue their sobriety while attempting to purchase another house for those on the waitlist. The new home would allow Men’s Second Chance Living to house and support more people in our community to achieve sobriety during this challenging time. MSCL House would like to have a home available for new residents by December 2022.
In Summary, MSCL House is doing the following:

- Helping men in recovery achieve long-term sobriety
- Offering programs to address social determinants of health
- Recognizing our communities support and interconnectedness leading us to achieve our mission
- Needing more sober housing to support the growing population of individuals with substance use disorder in the Wood River Valley

About Men’s Second Chance Living: Sonya Wilander and community members and friends started Men’s Second Chance Living in November 2018. MSCL House has grown its reputation over the years as an organization providing exceptional sober living, along with supplemental programs to dive deep with residents as they work to achieve sobriety. Since inception, we have served over 45 men in early recovery from substance use disorder, nearing 7,000 sober nights.