



2023
ANNUAL
REPORT

Successful Reintegration

RECOVER

REBUILD

RESTORE

REENTER

A Letter from Sonya and Scott



DEAR FRIENDS,

Discussions about substance use disorders can often get somewhat clinical, focusing on the most effective treatment methods and new science. And while we at MSCL House are certainly focused on the best ways to help our residents, we also have the ability, as a small, personalized program to treat each man who comes through our doors as an individual. Substance abuse is incredibly isolating, wresting those who grapple with it away from family, friends, jobs, and their community. Now in our sixth year of successful operation and serving up to 32 men annually in our two homes, we are focusing on the vital process of reintegration and the reestablishment of lasting relationships.

Thanks to your incredibly generous support of MSCL House, residents are actively pursuing a sober future. All are taking advantage of our proven programs to maintain sobriety, regain their health and independence, improve their employability, and save money. Perhaps most importantly, however, your generosity is helping the residents of MSCL House accomplish the goal of re-integrating with family, friends, work, and the community. Most of our residents are fathers. They are also sons, brothers, uncles, nephews, and friends. Supporting one man in his recovery creates a lasting ripple effect throughout not only the individual's family, but also the broader community. One success directly and positively impacts many other people. All our residents have strong ties to this area; ties they are working hard to repair. Re-integration leads to a healthy community, reduces recidivism, and connects fathers with children, sons with parents, and men with partners. Re-integration boosts self-confidence, enables the establishment of responsible routines, facilitates active involvement in the recovery community, and makes it possible to achieve personal life goals.

With all this at the forefront of our conversations, the board of MSCL is excited to share a comprehensive, highly considered strategic plan in the coming weeks. A new vision statement, "To inspire renewal for all men recovering from substance use disorders who choose sustained recovery," reflects the success of our first five years of operation and looks ahead to an optimistic future. Stay tuned for all the details of this strategic plan as well as announcements about the addition of new board members. Special thanks to Ian from Ian Symmonds and Associates, who help schools, colleges and nonprofits create the future. Thank you for working with us to identify, define and shape our vision for the future.

At MSCL House, we are laser-focused on our "four R's" of successful recovery - **Recover, Rebuild, Restore, and Reenter** - which you can learn more about in the following pages. It is only through your support that we can do this work, and we are sincerely grateful. For you, we add a fifth "R", **Respect**.

Sonya Wilander

Scott Lucas

A Snapshot of 2023

MSCL HOUSE BY THE NUMBERS:

Served a total of **27** men in 2023

5,466 bed nights

Average occupancy rate of **96%**

Average length of stay is **6.7** months



100%
participated in our
Wellness Program

100%

of residents are
employed after
one-week at
MSCL House

5 residents are
attending college



15 residents
participated in the
Financial Literacy
and Matched
Savings Program



Demand
outpaced our
capacity by
78%

RECOVER



The foundation for all the work we do is Recovery. All Sober Living Program components are based on, and in, our two homes in Hailey, that promote positive social connections, provide safe, sober housing at a time of housing scarcity, and address access to health services for our residents through proven programs.

REBUILD

With the critical need of secure, supervised housing in place, residents can begin to envision a future that looks very different from their past. They can rebuild, creating independent, substance-free lives because of tangible improvements made possible by MSCL House.

Our proven and comprehensive wraparound programs like the Matched Savings Account Program, the Financial Literacy Program, and the Physical Health Program actively help residents begin to undo the damage caused by substance abuse disorders and offer a path forward.



“It’s phenomenal, the [financial literacy] class led by Kristin is great and the matched savings is awesome. I was able to save for a car for the first time ever. I learned how to improve my credit and be more responsible with my budgeting. The wellness programs, like the gym, were amazing, allowing me to get my body healthy again.” — Current Resident

RESTORE

Substance use disorder takes a toll in countless ways. Physical health suffers, many mental and behavioral health concerns go unaddressed, daily needs like good nutrition are unmet. MSCL creates connections for all our residents to local health care providers. We help them navigate the system – to set up and keep appointments and to teach skills needed to self-advocate in these spaces. Our Nutrition Education Program brings experts from the community to the house to teach the men about feeding body and soul with healthy food choices.



REENTER

Performing meaningful activities while living at MSCL House is important to helping residents successfully reenter their community. Each man has individual goals and defines meaningful activities in unique ways, and MSCL works to help these goals become reality. Many men focus on attending school, job retraining and uptraining, earning degrees, or committing to sustained and meaningful employment as vital to their transition to life beyond the MSCL houses.

“I was able to continue my recovery after leaving MSCL in a safe and stable environment. By taking advantage of all the programs offered, I was able to find good employment, I got healthy, I made new friends, all this while receiving support from the staff and my peers in recovery at MSCL house.”
— Past Resident

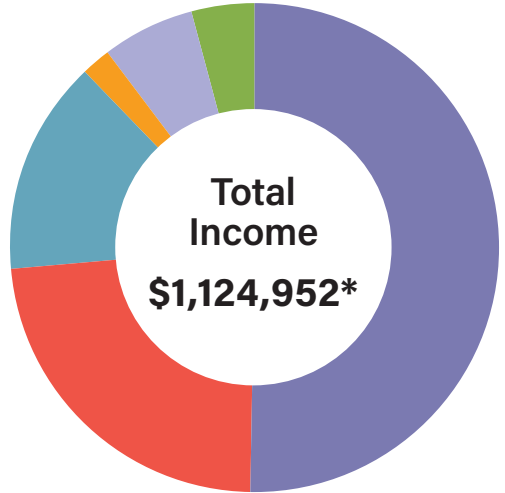
THE RIPPLE EFFECT

Addiction effects everyone



2023 FINANCIALS

50%	Individuals	\$560,985
23%	Foundation Grants	\$260,236
14%	Government Grants	\$159,050
0%	Corporate	\$250
2%	Interest Income	\$25,156
6%	Program Income	\$70,831
4%	Fundraising Income	48,442

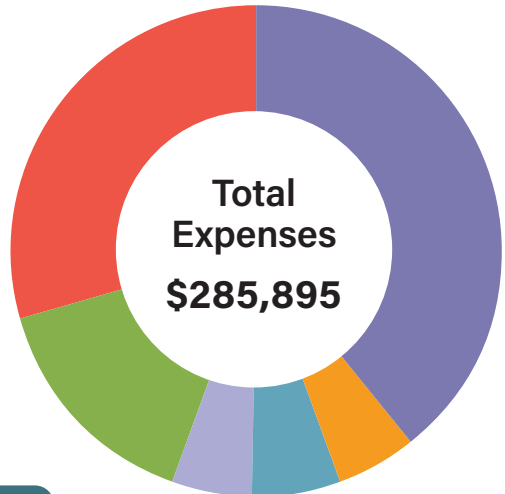


*Includes BBT Capital Campaign Income \$133,015

In-Kind Donations	\$21,190
Funds in Reserve*	\$1,147,826
Capital Reserve	\$57,947

*Includes Programs and Operational Reserve

39%	Safe & Sober Living	\$112,920
5%	Compassion	\$15,573
6%	Wellness	\$17,524
5%	M&A	\$12,948
15%	Administrative	\$43,160
29%	Fundraising	\$83,766



Capital Expenditures	\$23,981
For facilities improvements	

SUPPORTERS

Now in our sixth year of successful operation, it has never been clearer that our supporters' belief in our mission and work also creates a lasting ripple effect, not only for our residents but for the entire community. We are so grateful for every single person who has donated their financial support, their talent, and their time to MSCL House this year. Each individual success creates a positive and lasting impact on families and on our amazing community. THANK YOU!

SUCCESSFUL REINTEGRATION

GRANTORS

Blaine County Commissioners - Opioid Crisis Fund
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Craig Sabina
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Lili and Ambrose Monell

THANK YOU

Laura and Werner Morawitz
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Zenergy Health Club

IN KIND

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Knob Hill Inn
Limelight Hotel
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Lizzy's Fresh Coffee
Lost In Translation & Interpretation
Mane Muse Salon
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Wood River Dental Care
Wood River Valley Pickleball Alliance
Wrap City Cafe
Zenergy Health Club

IN TRIBUTE

Janet Appleton and GT Thomas
In Memory of Freddie Appleton

Catherine Beernink
In Honor of Brad Beernink

Susan and Arnold Blair
In Memory of Dr. Mike Phillips

Kim Briebl
In Honor of John Inman

Cynthia Catterson
In Honor of W. Donald Catterson

Laura Jordan
In Honor of Laurie Loudenslager

Mary Tyson Paisley
*In Memory of my loving and kind husband, Jim Paisley.
He loved the work that you do. He used to bring his
sourdough bread loaves to the house in 2021.*

Mary Simms
In Honor of Michael Wright

Peggy and Alan Walch
In Honor of Scott Lucas

*If you see an error or omission,
please accept our apologies, and notify
admin@msclhouse.org with any adjustments.*

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RESPECT



Because every day is a second chance to change a life.

MSCL House Mission

Help men living with addiction succeed in their recovery and achieve sustained sobriety by providing them with safe, affordable sober housing and support services while serving their needs and treating them with respect, compassion, and a belief in the value of each individual.

MSCL House

P.O. Box 2398 • Hailey, ID 83333 • 208.481.0182

info@msclhouse.org • www.msclhouse.org • Tax ID 82-4647969

HOW CAN YOU HELP?

By offering services or programs that directly benefit the health and wellness of our residents.

By providing volunteer opportunities, as well as community and neighborhood event involvement.

By offering gainful employment opportunities in your company or local business that supports the hiring of individuals in recovery.

We welcome and recognize the value of YOUR contribution, YOUR support, YOUR engagement, and YOUR willingness to connect with our residents and support them to Recover Strong!

FOLLOW US ONLINE:

 @MSCLhouse

 @MensSecondChanceLiving

