

The background of the cover is a vibrant, abstract composition. At the top, a semi-circle is divided into several triangular segments of varying colors: shades of pink, orange, and a muted green. Below this, a large, solid orange circle represents a rising sun. In the foreground, a range of jagged, stylized mountains is depicted in dark navy blue, with some peaks highlighted in pink, orange, and green. The entire scene is set against a light blue sky on the left and a dark navy blue base at the bottom.

## 2024 ANNUAL REPORT

Together We Climb

# LETTER FROM SONYA AND SCOTT



## DEAR FRIENDS,

Mountains define our region—towering, resilient, and enduring through earthquakes, glaciers, storms, and the passage of time. Like these mountains, the men in our program are on their own courageous journey, navigating the challenging terrain of recovery with strength and determination. At MSCL House, we are honored to walk alongside them as they climb toward brighter, healthier futures.

Our theme for this year, **“Together We Climb,”** captures the essence of our mission. Recovery is not a solitary journey; it thrives through the collective effort of a supportive community that offers stability, compassion, and opportunity. Through **Safety**, we offer our residents a secure environment where they can focus on recovery. Through **Services**, we provide the tools they need for personal growth. **Housing** ensures the stable living conditions that are vital for healing, and **Transition** equips our residents with skills for independence. Ultimately, the interconnected paths of independence and recovery empower men to lead lives of autonomy, resilience, and strength.

The path to recovery is steep and demanding, yet it is also profoundly rewarding. At MSCL House, we see this journey unfold every day. Residents are building responsible routines, including paying rent and staying employed; prioritizing behavioral and physical health, reconnecting with family and community, improving their financial stability, pursuing education and workforce training, and ultimately achieving stable, sober, and successful lives.

Thanks to your unwavering support, we have been able to expand our reach, now operating two sober living houses and launching a transitional housing unit. These steps allow us to serve more men and provide the tools they need to climb the mountain of recovery and thrive in their independence.

As we reflect on this past year, we are inspired by the perseverance of our residents, the dedication of our staff and volunteers, and the generosity of our supporters. Together, we are creating a future where men in recovery can stand tall, like the mountains that surround us.

With gratitude,

Sonya Wilander, Executive Director

Scott Lucas, President

# TRANSITIONAL HOUSE

## • GENEROUS SUPPORT

Thanks to our donors, MSCL bought a two-bedroom condo in Hailey that now houses two graduates of our sober living program.

## • TRANSITIONAL LOVING RESIDENCE

**(TLR)** This TLR offers a supportive, low-supervision environment where residents can gain independence.

## • EMPOWERING INDEPENDENCE

Residents work on establishing daily routines, achieving personal goals, adopting healthy habits, and building social connections.

## • ONGOING SUPPORT

Residents still have access to MSCL's recovery services, which provide the resources and encouragement they need to succeed.

## • CREATING OPPORTUNITIES

The TLR allows us to open up new spots in our sober living houses, and extends our mission of promoting long-term recovery and stability.



# CURRENT RESIDENT'S STORY



**W**hen I got out of prison, I was terrified. Excited to have my freedom back but still terrified. I knew I needed a fresh start, and that meant going somewhere new, so I put in an application to MSCL and was offered a bed. Stepping into a sober house run by people I had never met was overwhelming.

Right away, I realized MSCL was different to other sober houses I had been in before. Sonya met me at the door, all business, asking me what I had and what I needed. I had no clothes, no ID, very little money, and a court ordered prescription to fill. She pointed me to resources in the community – clothing vouchers, food assistance, medical assistance, and even a gym membership. Most importantly, she made it clear that if I wanted a “second chance,” the opportunity was there – but I had to take the steps myself. Within a week, I had the essentials to start rebuilding my life.

With real support behind me, I hit the ground running. Sonya and the house manager Sarah guided me through challenges that felt insurmountable – things as simple as filling out a job application. My past experience was dealing drugs to sustain my addiction, and I had no idea how to create a resume. MSCL staff and volunteers helped me and within two weeks, I had a job.

The programs at MSCL have changed my life. They helped me get my commercial driver's license and are now supporting me as I go back to school with plans for law school, while I continue to work full-time. I've learned financial literacy, built my credit, and saved money with their matching program. My health both physical and mentally has improved through counseling, medical and dental care, and recreational activities, like hiking, fishing and skiing. I've also been able to give back through community service and volunteering.

## Transitional Living Unit

After 16 months, I gained the privilege of moving from the sober living house into MSCL's transitional living unit, learning how to live independently. MSCL is the best thing that ever happened to me. If you had told me when I walked out of prison that I'd be where I am now, I would have thought you were crazy.

But beyond the services and opportunities, what truly matters is the friendship and support. When I failed my first CDL test, no one was disappointed in me – Sarah's first question was, “Are you okay?” That kind of care and encouragement is priceless. I've found a family here, and now I'm ready to reunite with my partner and daughter and build a life together.



# 2024 FINANCIALS

**Total  
Income  
\$1,126,233**

45%	Individuals	\$511,174
25%	Foundation Grants	\$279,037
2%	Government Grants	\$22,300
1%	Corporate	\$6,268
0%	Interest Income	\$835
6%	Program Income (resident rent)	\$72,015
21%	Fundraising Income	234,604

In-Kind Donations	\$38,978
Funds in Reserve*	\$1,706,444
Capital Reserve	\$300,000

\*Includes Programs  
and Operational  
Reserve

**Total  
Expenses  
\$399,688**

29%	Safe & Sober Living	\$114,282
5%	Compassion	\$20,215
3%	Wellness	\$12,378
1%	M&A	\$5,555
31%	Administrative	\$122,932
31%	Fundraising	\$124,327
(includes fundraising events & donor events)		

Capital Expenditures	\$22,597
For facilities improvements	



# STATISTICS

Served **27** men

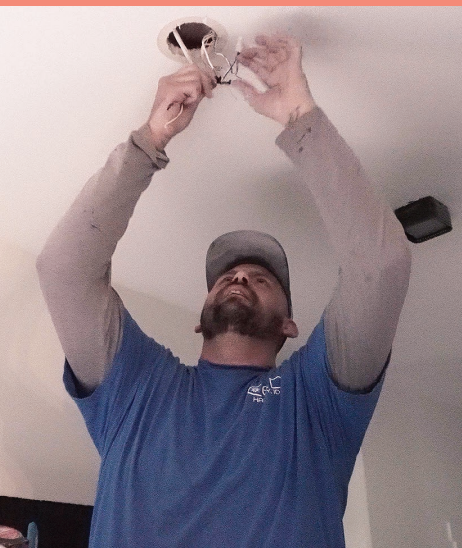
Sober nights: **5,362**

Average length of stay: **5.9** months

Over **100** hours of therapy

Average occupancy rate **92%**

**100%** participated in our programs





The  
path to  
**recovery**

Sober living  
program –  
establish  
responsible  
**routes**

Behavioral  
and physical  
**health**

Reestablishing  
family and  
community  
**connections**

Improving  
personal  
finances  
and **goals**

Continual  
education  
and  
workforce  
**training**

Sober, stable,  
**successful**  
living

# SUPPORTERS



Just as climbing a mountain can be more easily achieved when done with others, navigating the challenges of recovery is less daunting with the support of a team. We are grateful to all who have joined our residents on their journey and helped them remain resilient by donating time, treasure, and talent to MSCL House in 2024. Thank you!

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*Thank you from all of us*

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**Because every day is a second chance to change a life.**

## **MSCL House Mission**

Help men living with addiction succeed in their recovery and achieve sustained sobriety by providing them with safe, affordable sober housing and support services while serving their needs and treating them with respect, compassion, and a belief in the value of each individual.

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## **HOW CAN YOU HELP?**

By offering services or programs that directly benefit the health and wellness of our residents.

By providing volunteer opportunities, as well as community and neighborhood event involvement.

By offering gainful employment opportunities in your company or local business that supports the hiring of individuals in recovery.

We welcome and recognize the value of YOUR contribution, YOUR support, YOUR engagement, and YOUR willingness to connect with our residents and support them to Recover Strong!

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